

## **Description of Activities- February 2023**

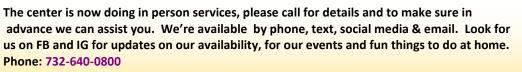
• <u>Citizenship Classes w/PRAB-BOAZ: 2/1, 2/8, 2/15, 2/22 (must call for more information)</u> This FREE course is for permanent residents ONLY, and will take place at Harmony FSC. Prior registration is required. Please call for more information.	
<ul> <li><u>Coat Giveaway 2/7 (11:00am-2:00pm)</u> Are you in need of a warm coat to get you through the harsh Winter weather? If so stop by Harmony FSC for a gently used coat. Sizes and quantity is limited, first come fi served.</li> </ul>	<ul> <li>Black History Month Activity 2/17 (3:30pm-4:30pm) Join us as we teach kids the story of Rosa Parks. This craft will share the impact one person's action can have and how it is celebrated for Black History Month.</li> </ul>
• <u>FEM workshop 2/9 (10:00am-12:30pm)</u> We teamed up with Enlace and Rutgers Medical School for an event to educate the community about menopause. This event will touch on the most common concerns how they can affect daily life. The event will be virtual and registration is required. W	
<ul> <li><u>Valentine's Day Craft 2/9 (3:30pm-4:30pm)</u> Join us for a in person Valentine's Day activity, that the entire family can enjoy!</li> </ul>	Parent Café 2/28 (6:30pm-7:30pm)     Join the Family Success Centers in learning about parenthood. We will discuss the protective factors and encourage mutual support. Door raffles and prizes.
• <u>Dr. Talk 2/10 (11:00am-12:00pm)</u> This initiative is carried out in collaboration with the Pediatricians of the St. Peters Clinic University, to inform and teach. The webinar is for adults, it is presented in Spanish and English and there will be.	
ALL ARE WELCOME TO PARTICIPATE IN OUR <u>FREE</u> SERVICES!	

For more information about services and scheduling, or to register for an activity call us at 732-640-0800

> NEW JERSEY DEPARTMENT CHILDREN AND FAMILIES

PRAB





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